



March 2009

Straight Talk

from

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What Your Mouth Is Saying About You

Think the way your teeth look doesn't really matter?

Survey says: think again.

Without saying a word, your mouth is sending messages to everyone you meet. According to the American Association of Orthodontists (AAO), people often make snap judgments about individuals based solely on the condition of their teeth.

Published in 1981, a study concluded that focus groups associated people sporting healthy, beautiful smiles with intelligence, attractiveness, and friendliness. Today, 28 years later, young people and adults who want to be perceived as healthy, attractive and appealing still start with their smiles.

To obtain optimal oral health and achieve a healthy, beautiful smile, the AAO recommends a team approach. "In addition to seeing a dentist for regular check-ups and cleaning, patients also should see an orthodontist to ensure that any underlying orthodontic problem is not overlooked," says Dr. Wolterman. "An orthodontic consultation is especially important for children or for anyone who is considering a cosmetic dental procedure."

For children, an orthodontic check-up no later than age seven can identify potential problems and ensure that any future treatment is timed appropriately. For adults, an orthodontic consult may reveal that cosmetic dentistry is unnecessary. "Patients may be pleasantly surprised to learn that unattractive teeth are generally healthy, just misaligned," says Dr. Wolterman.

In regards to the study, Dr. Wolterman believes that the first thing that people notice about his young and adult patients is obvious: "The confidence and sense of self-esteem that comes with their healthy, beautiful smiles is unmistakable to anyone they meet."



Flavor Contest!

From time to time, we get requests from patients to MIX our flavors when we do impressions of their mouth.

We want YOUR ideas on mixing the flavors (i.e. chocolate + banana=chocolate covered bananas). E-mail your entry to backatyadoc@woltermanortho.com.

We will mix your flavor suggestions and the winning combination will win a \$25 gift card.

Here's the flavors you can mix:

Banana
Blueberry
Bubble Gum
Cherry
Cinnamon
Chocolate
Fruit Punch
Grape
Green Apple
Lemon
Mint
Orange
Pineapple
Raspberry
Root Beer
Watermelon

National Facial Protection Month

Are you a coach whose team needs mouth guards? To celebrate the upcoming National Facial Protection month in April, Dr. Wolterman will provide custom mouth guards for a local sports team. If you are a coach, send your name and information about your team (age, sport, number on team, league) to backatyadoc@woltermanortho.com.

Dr. Wolterman at Career Day



On Friday, February 13, Dr. Wolterman visited Nagel Middle School for Career Day. Eighth grade students got a look at the careers available in the orthodontic field and some time to talk to Dr. Wolterman and office manager Janet Cooper.

Dr. Wolterman Encourages Patients to "Straighten Now, Scream Later"



From now until March 30, you can start your treatment with Dr. Wolterman and be entered in a drawing for two Kings Island Gold Season Passes. Start your Invisalign treatment or get your braces on and be eligible for unlimited admission to Kings Island and Boomerang Bay in 2009. For more information or to schedule an appointment so you can "Straighten Now, Scream Later," call 231-0041 in Anderson, 248-0041 in Milford, or visit www.woltermanortho.com.